

**國立臺灣師範大學鼓勵學生赴國外進修補助
學生返國報到單**

填寫日期：2026.06.08

獲補助出國年度： 104 學年下學期	
姓名：翁宛妘	臺師大學號：41221232L
臺師大系所：英語系	
臺師大學院：文學院	
基本核銷文件： ☐ 國外學校之修業成績單影本 ☐ 心得報告紙本及電子檔 ☐ 核給生活費者，檢附護照入出境章戳頁影本	
學院結案確認（以下由學院承辦人填寫）： ☐ 無另訂其他結案要求或文件 ☐ 有訂學院結案要求或文件，確認學生已完成 院戳 已由國際事務處與學院承辦人確 認：該院無另訂其他結案要求	

國立臺灣師範大學鼓勵學生赴境外進修補助學生赴國外修習 返國後心得報告書

一、學生資料 填寫日期:2026.06.08

獲補助出國年度:104 學年 第二學期	
中文姓名:翁宛妘	英文姓名(姓, 名):Wan-Yun, Weng
臺師大就讀科系所、年級:英語系三年級	臺師大學號:41221232L
修習國家:United States	
修習校名:The University of Texas at Austin	
修習學院:College of Liberal Arts	
修習科系:English	
修習期間:2026 年1月 ~2026年 5 月	
護照入出境時間: 出境:2025/12/25 入境:2026/06/05 使用自動通關 使用自動通關	

二、修習課程名稱:

修習課程名稱	任課教授	學分數	研修學季/期
William Faulkner & Flannery O'Connor	Coleman Hutchison	3	Spring 2026
Citizen Kane & Company: The Essential Films	Donna Kornhaber	3	Spring 2026

Phonetics: The Production and Perception of Speech Sounds	Scott Myers	3	Spring 2026
Ancient Philosophy	R.J.Hankinson	3	Spring 2026

(表格不足請自行加頁)

三、心得分享(如學術方面、生活方面、開銷概算等, 約1500字)

Academics

Studying at UT was a stressful but rewarding experience for me. Being a full-time student at UT felt like having a 9-to-5 job! Although the workload probably varies a lot by major, the four classes I took (two English, one linguistics, and one philosophy) all had heavy workloads and required a lot of study both before and after class. The classes were fast-paced and most students, if not all, came to class well-prepared. Grading was quite tough.

For me, each credit at UT required at least 4 hours of study outside of class. Courses that required writing sometimes even took an entire day. The minimum

12-credit load therefore translated into a 48-hour workweek. Looking back, I think it's no exaggeration to say that my exchange semester at UT was the hardest I have ever studied in my life.

William Faulkner & Flannery O'Connor

This course was my biggest source of stress throughout the semester. The course covered many short stories and the three major novels by Faulkner and almost all of O'Connor fiction. The workload felt even heavier than the Introduction to American Literature course at NTNU. The professor was friendly and dedicated to teaching, and the class was very discussion-based.

Citizen Kane & Company: The Essential Films

This was my favorite class. Although it was offered by the English Department, it focused more on film studies than on English lit, and I highly recommend it to film buffs. The course covered some of the most influential films of the 20th century: Citizen Kane, City Lights, Seven Samurai, and The Apartment, among others. The professor was knowledgeable and well versed in film analysis. I learned a lot of terminology related to film studies in this class. The workload for this course was also not too heavy. Only weekly discussion posts and three essays were required over the semester.

Phonetics: The Production and Perception of Speech Sounds

Unlike NTNU, UT has an independent linguistics department. The linguistics course I took at UT is much more specialized than the linguistic courses offered by the English Department at NTNU. While the phonetics course at NTNU only covers English sounds, this course at UT teaches ALL speech sounds in human languages. We had to memorize all vowels and most pulmonic and non-pulmonic consonants and diacritics on IPA. The course also covered the anatomy of the human respiratory system, brain, and ears in greater depth.

One part of the midterm was the professor pronouncing random speech sounds, which students had to match to the correct IPA symbols. To get a high score, it was not enough to memorize the articulatory and auditory properties of the sounds (place and manner of articulation, voicing, tongue height, tongue advancement, lip rounding, etc.) We also needed to be familiar with the sounds well enough to quickly identify and distinguish them by ear.

Living Expenses

The cost of living in Austin is significantly higher than in Taipei. Depending on your lifestyle, you can expect to spend on the low end \$1200 to \$1600 per month or higher. Rent is the biggest expense. All housing options within walking distance of campus cost \$1,000-1,500 per month, and utilities can add another hundred dollars or

more. My apartment was a 30-minute walk from campus and was old and in poor condition, but even such a garbage house had a monthly rent of \$1,000.

I recommend looking for housing options as early as possible once you get admission to UT. I don't recommend living in the residence halls on campus for many reasons: (1) they aren't necessarily cheaper than off-campus options, (2) dorms don't have kitchens, (3) private rooms are very limited and insanely expensive, (4) you have to pay a non-refundable application fee of \$100 without knowing whether you will be assigned a room in the end. I applied for on-campus housing in August, but the school didn't notify me that I got a housing contract until late December, just a few days before the spring semester started. Before getting housing confirmation from UT, I had already found an off-campus apartment on my own because I was worried that I might not get a contract at all. The application fee went down the drain.

For food, you can expect to spend \$200 to \$800 per month, depending on your eating habits and where you shop. If you don't want to eat out as much and don't have a kitchen and cookware, you might consider purchasing a campus meal plan.

On average, I spent only \$160 on food per month because I always cooked at home. Based on my experience, almost all fresh fruits and veggies in the US are 2-3 times more expensive than in Taiwan (except for avocados, bananas, carrots, and cucumbers). Meats like chicken, turkey, pork, and beef are 3-4 times more expensive, while seafood is 5-7 times more expensive. Dairy products like milk, yogurt, and cheese are much cheaper, though. The biggest supermarket chain in Texas, HEB, also sell similarly priced or cheaper chicken, turkey, eggs, catfish, and tilapia.

To cut down on food expenses, I always shopped at either Amazon or HEB. The frozen fruits and veggies they sell are not only pre-chopped and easy to-store but also much cheaper than fresh ones. Readily available and affordable options include kale, spinach, broccoli, cauliflower, collard greens, and blueberries.

Austin/UT

Apart from the high cost of living and the limited public transportation, I have nothing to complain about Austin. I found the city cleaner than Taipei (both in terms of street litter and air quality). I lived in North Campus, which consists of mostly residential neighborhoods. The area is quiet, safe, and has abundant greenery. Even downtown Austin, which has a visible homeless population, is very clean by North American standards. The streets are well-maintained and don't have visible trash or odors like smoke, cannabis, or urine.

Another thing I loved about Austin is how spacious it felt. The city is much less densely populated than northern Taiwan. Drivers also always yield to pedestrians, which makes walking less stressful. I could walk through the streets at a relaxed pace without worrying about being hit by cars or being exposed to secondhand smoke as I often am in Taiwan.

UT Austin's campus is much larger (it covers 423 acres!), cleaner, and more beautiful than NTNU's. Unlike NTNU, the restrooms at UT are tidy and hygienic, and some even provide free tampons and pads.

四、照片 (如有, 請提供)

UT campus







Texas Capitol





五、影音電子檔(如有, 請提供)

六、其他