

STUDY ABROAD & GLOBAL

FACT SHEET 2025-2026

ABOUT THE UNIVERSITY

The University of Regina (U of R) has campuses located in Regina and Saskatoon, on Treaty 4 and Treaty 6 territories. These are the ancestral lands of the nêhiyawak (nay-hi-yuh-wuk, Cree), Anihšīnāpēk (uh-nish-i-naa-payk, Saulteaux), Dakota, Lakota, Nakoda, and the homeland of the Métis/Michif Nation.

As a comprehensive university, the U of R traces its roots back to Regina College, a small residential high school established by the Methodist church in 1911. The College grew in size and significance becoming a campus of the University of Saskatchewan and, ultimately, an independent degree granting university – the University of Regina – in 1974.

CONTACT INFORMATION

Associate Vice-President (International)	Mr. Haroon Chaudhry	Ph: 1-306-337-3335 Email: Haroon.Chaudhry@uregina.ca
Manager	Ms. Jennifer Matheson	Ph: 1-306-585-5437 Email: Jennifer.Matheson@uregina.ca
Global Education Advisors	Ms. Sarah Mamani Palmquist Mr. Carlo Palazzo	Ph: 1-306-337-2431 Ph: 1-306-337-3336 Email: Study.Abroad@uregina.ca
Administrative Assistant	Ms. Sydney Deck	Ph: 1-306-337-2446 Email: Study.Abroad@uregina.ca
Emergency Phone Number	1-855-874-1700 This number is for on-campus emergencies only, such as severe and/or immediate emergencies, medical emergencies, accidents, fires, etc. This number is not to be used for inquiries regarding applications or registration related questions.	

SEMESTERS

Fall semester	September 2, 2025 to December 22, 2025
Winter semester	January 6, 2026 to April 29, 2026

NOMINATIONS

Fall Semester (Aug-Dec) Opens: February 1
Closes: March 1

Winter Semester (Jan-Apr) Opens: February 1
Closes: October 1

NOMINATION PROCESS

Nomination Form To be completed by the coordinator
Submit the nomination form via email to Study.Abroad@uregina.ca

APPLICATION

APPLICATION DEADLINE

Fall Semester (Sep-Dec) April 1

Winter Semester (Jan-Apr) November 1

APPLICATION PROCESS

Online Application Students are to complete the application after the nomination deadline. Study Abroad will contact the students to provide application instructions.

VISA INFORMATION

Please note that exchange students do not need a study permit to study at the University of Regina while on exchange. All students staying for **longer than 6 months** require a Study Permit. Who else needs a study permit? Find out here: <https://www.canada.ca/en/immigration-refugees-citizenship/services/study-canada/study-permit/study-permit-tool.html>

However, ensure that you have checked to see if you require any other documentation to visit and enter Canada by checking here: <http://www.cic.gc.ca/english/visit/visas.asp>

Students who are arriving to Canada, who are not United States citizens, must apply for an Electronic Travel Authorization (eTA) or travel visa: <https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada.html>

To check processing times: <https://www.canada.ca/en/immigration-refugees-citizenship/services/application/check-processing-times.html>

If you have any questions or concerns about the visa process, you will need to contact the Canadian embassy in your home country. You can find a list of the Canadian embassies abroad here: <http://www.cic.gc.ca/english/information/offices/apply-where.asp>

ACADEMICS

Faculties OPEN to Exchange Students

- ✓ Arts
- ✓ Business Administration
- ✓ Education
- ✓ Engineering & Applied Science

- ✓ Kinesiology
- ✓ La Cité
- ✓ Media, Art, and Performance
- ✓ Science

Faculties CLOSED to Exchange Students

- × Nursing
- × Social Work

Language of Instruction

English

Language Certificate

Exchange students do not have to submit proof of English Language Proficiency. It is the students' responsibility that they are comfortable with learning in a complete English environment.

All lectures are taught in English.

It is highly recommended that one of these ELP test scores is met:

TOEFL: Internet based (83); Reading (20); Listening (20); Speaking (20); Writing (20).

IELTS: Overall Band score of 6.5, with no band less than 6.0.

Duolingo online English Test: Overall Score of 120; Literacy (105); Comprehension (105); Conversation (105), Production (90).

CREDITS AND COURSES

Standard Credit Load for a Semester

Must be enrolled as full-time students while on exchange (3 – 5 classes). We generally recommend students take 3 or 4 classes as 5 classes is considered very demanding.

Registration for Courses

Students' transcripts and course requests are evaluated by the Academic Advisors at the University of Regina to ensure that students have the academic background necessary for the classes that they select. Students will be instructed on how to create a visual schedule builder upon receiving their acceptance letter, and Faculty academic advisors will register students into classes.

HEALTH INSURANCE

Students **must have** international health insurance coverage. It must cover them for the entire duration of their stay in Canada. It is up to the student's discretion to choose a provider that works best for them and their needs.

ACCOMMODATION

The University of Regina has a wide variety of comfortable, modern housing options available for exchange students.

It is the responsibility of the incoming student to arrange their own housing, whether it be on-campus or otherwise.

On-Campus Accommodation	Students can contact Housing Services directly to book accommodation. Email Housing.Services@uregina.ca
Off-Campus Accommodation	Arrangement of off-campus accommodation must be arranged by the student. The University of Regina cannot assist with this type of housing.
Meals	There are different meal plans and food options on campus. For more information, please visit: https://www.uregina.ca/housing/dining-plans.html
Cost Estimate	Accommodation: \$2240 - \$4990 per semester. Actual costs may vary Meal plan: \$900-\$3700 per academic year

LINKS AND OTHER INFORMATION

University of Regina	www.uregina.ca
Study Abroad Office	https://www.uregina.ca/ur-international/study-abroad/index.html
Academic Schedule (Important Dates)	https://www.uregina.ca/student/registrar/assets/docs/pdf/academic-schedule/2024-25.pdf
Academic Schedule	https://www.uregina.ca/student/registrar/resources-for-students/academic-calendars-and-schedule/undergraduate-calendar/index.html
Class Search	https://banner.uregina.ca:17043/StudentRegistrationSsb/ssb/term/termSelection?mode=courseSearch
Grading System	https://www.uregina.ca/student/registrar/student-records/transcripts/legend.html
Activity Fee	Exchange students coming to the University of Regina are required to pay a mandatory Activity Fee of \$200 CAD
Housing	https://www.uregina.ca/housing/housing-options/index.html
Tourism Regina	https://tourismregina.com/
Public Transportation	https://www.regina.ca/transportation-roads-parking/transit/